

**HARMONISED
CURRICULUM OF STUDIES**

FOR THE

**TRANSITIONAL DOCTOR OF PHYSIOTHERAPY
(T-DPT) DEGREE PROGRAMME IN NIGERIAN
UNIVERSITIES**

AS A

STANDARD CONTROL MEASURE

PUBLISHED BY

**THE MEDICAL REHABILITATION
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DOCTOR OF PHYSICAL THERAPY (PHYSIOTHERAPY) PROGRAMME (D.PT)

PHILOSOPHY OF TRANSITIONAL DOCTOR OF PHYSICAL THERAPY (PHYSIOTHERAPY) PROGRAMME OF STUDIES

The Transitional Doctor of Physical Therapy, T-D.PT, Programme of studies is designed for Graduates of Physical Therapy (Physiotherapy) who had chosen a career in Physical Therapy with a bias for either academic/research or clinical career or both. The Programme, therefore, requires from the candidates dedication, logical reasoning, broad reading, scientific critique of past and on- going works and ability to assume responsibility in Physical Therapy (Physiotherapy) and related discipline.

This Programme shall be a University – based Physical Therapist educational Programme for the education and development of future Physical Therapists, especially at the doctorate entry – level. The mission of this Programme is to prepare a Physical Therapy generalist at the doctorate degree entry – level who is capable of providing excellent Physical Therapy services in virtually any physical therapy practice environment. Interwoven in this philosophy is the belief in the dignity of human kind, the right of quality health care services and the potential of the individual as a consumer to active participate in the care process.

Physical Therapy, as an ever-evolving Profession in the healthcare sector, advances in quality, nature and extent of services offered everyday. For Physical Therapists in Nigeria to be able to cope with the expanding role of Physical Therapy in the continually changing healthcare delivery and to meet up with International standard as of curriculum from Bachelor of Physical Therapy (B. PT) Programme to Transitional Doctor of Physical Therapy (T-DPT).

1. To produce physical therapy professionals that would be first-contact practioners providing a range of primary care services and referrals (to generalist and specialist practionners) in diverse work settings.
2. To produce physical therapy professionals that would be adaptable, knowledgeable, reflective, self – assured and service – oriented, who will be prepared to participate in a broad spectrum of activities from health promotion through a comprehensive Rehabilitation.

3. To train professionals that would act as Independent Consultants, provide evidence – based physiotherapeutic services throughout the continuum of patient healthcare and who would participate in multidisciplinary teams.
4. To train Physical Therapy Professionals that would be prepared for all responsibilities and privileges of autonomous practice and who would be able to cope with the expanding role of Physical Therapy within a changing healthcare system.
5. To train Physical Therapy Professionals that would provide clinical and managerial leadership and who would contribute to public debates about health and wellness issues.

REGULATIONS GOVERNING THE DEGREE OF DOCTOR OF PHYSICAL THERAPY (PHYSIOTHERAPY)

I. Designation

An Integrated Professional Programme of courses shall be provided that would lead to the award of degree of Doctor of Physical Therapy (Physiotherapy), to be denoted by the letters – D.PT. It shall be an unclassified degree (i. e. without Class/Honours).

II. Entrance Requirements for Transitional Doctor of Physical Therapy (Physiotherapy) Programme

The minimum entrance requirements for the graduate entry level – Physical Therapy (Physiotherapy) programme are

- (a) Candidate for admission into two (2) year doctor of Physical Therapy Degree course must have a minimum of five (5) credit passes in English Language, Mathematics, Physics, Chemistry and Biology at Secondary School Certificate Examination (SSSCE) or General Certificate of Education (GCE “O” Level) or its equivalent.
- (b) Candidates must be holders of first degree in Physiotherapy (B.Sc PT/BPT) or Medical Rehabilitation with (a) bias in Physiotherapy BMR (PT) from accredited Training Institution of higher learning.
- (c) At least two (2) years of proven post graduation clinical experience in physical Therapy (Physiotherapy) – Internship and NYSC Clinical experience inclusive.

(d) Three letters of recommendation – (2) from reputable Physical Therapists

III. Length of Course

The Doctor of Physical Therapy degree programme shall normally extend over four (4) semesters or two (2) academic sessions.

IV. Mode of Study

The Programme shall be run on a part-time basis (weekends only).

V. Examinations and Award of Degree

(a) All courses taught during each semester shall be examined at the end of each semester. The examination shall be conducted as prescribed by the senate. Each candidate shall be required to take written examination in form of a theory paper of not less than three (3) hours duration. In addition, to which there may be a practical examination. Candidates will be credited with the number of course units assigned to the courses in which they have passed the examination.

(b) Continuous assessment shall constitute 40% of marks for all courses while examination at the end of the semester in which the course is taken will constitute 60% of the mark.

(c) The pass mark for all courses shall be 50%. In addition, candidates must have a minimum of 50% in all Practical and Clinical Examinations.

(d) The aggregate marks that will use in determining candidates performance in each course unit shall be as follows:

Interpretation

LETTER GRADE	INTERPRETATION	MARKS
A	Excellent	70% and above
B+	Very Good	60% - 69%

B	Good	50% - 59%
C	Satisfactory	45% - 49%
E	Pass	40% - 44%
F	Fail	Below 40%

Result shall be computed using the grade point average.

(e) A distinction mark shall be awarded to a candidate who scores an average of 70% and above in all the courses in a subject area, provided that all the courses are passed at the first attempt

(f) The list of successful candidates for the degree shall be published in alphabetical order, indicating those who pass with distinction in any subject. Candidates who for no acceptable reason absent themselves from any examination shall be deemed to have failed the examination.

(g) Candidates who fail any of the examination shall be re-examined in each of the course he/she fails during a re-sit examination at the next available opportunity. However, if the candidate fails to perform satisfactorily in the re-sit examination, he/she shall be asked to repeat the year.

(h) A candidate who passes a course in a re-sit examination shall be credited with the average of the scores he obtained in the main and the re-sit examinations. The continuous assessment may be waived for re-sit examination.

(i) Any candidate who fails in 2 or more than 2 courses at the end of each year shall repeat the year.

(j) Before a candidate can graduate, he/she shall normally have passed all prescribed courses in the Curriculum.

(k) When for valid reasons (e. g medical) a student is unable to complete all the prescribed requirements for a course in which he is formally enrolled, he/she may on the recommendation of the Head of Department be awarded an Incomplete Grade. Such incomplete grade shall normally be redeemed when the department certifies that all prescribed requirements have been satisfied.

- (1) A minimum of 75% attendance in all courses (theoreticals and practicals) is required for all candidates. A candidate shall only be allowed to sit for the final examination in a course provided he/she has fulfilled this requirement.

Vi. Registration of Courses

- (a) Candidates shall normally be required to register for not less than a prescribed minimum number of units.
- (b) The compulsory course units for the whole sessions are as follows:

**500 LEVEL OF TRANSITIONAL DOCTOR OF PHYSICAL THERAPY
(T-DPT)**

COURSE CODE	TITLE	UNITS
CSC 501	Introduction to Computing	2
CLI 530	Pharmacology for Physiotherapy	2
CLI 520	Human Basic Anatomy	3
PTH 525	Tissue Biology and Pathology	2
PTH 535	Current Physical Therapy Practice	3
PTH 502	Pathokinesiology in Medical Rehabilitation	3
PTH 519	Clinical Work I	3
PTH 515	Neuroscience	2
PTH 514	Patient Management Neuromuscular System Evaluation/Management	3
PTH 511	Clinical Work II	3
PTH 518	Diagnostic Imaging	2
PTH 535	Evidence-based Practice	3
PTH 540	Business Management & Administration	2

**600 LEVEL OF TRANSITIONAL DOCTOR OF PHYSICAL THERAPY
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COURSE CODE	TITLE	UNITS
PTH 610	Manual Therapy	2
PTH 607	Clinical Work III	3
PTH 602	Patient Management Neuromuscular System Evaluation/Management For Paediatrics	3
PTH 612	Cardiopulmonary for Physical Therapy	3
PTH 613	Clinical Outcome Measures	2
PTH 620	Health Promotion & Wellness	2
PTH 625	Instrumented Movement Analysis	2
PTH 630	Patient Management Musculoskeletal System Evaluation/Management	
PTH 635	Teaching & Learning Strategy	2
PTH 606	Clinical Work in PT IV	3
PTH 611	Communication Skills & Ethics	2

PTH 640	Alternative & Complementary Therapies	2
PTH 607	Community Physiotherapy	2
PTH 605	Special Topics Seminar in Rehabilitation	3

FIRST SEMESTER

COURSE NO.	COURSE TITLE	CREDIT UNIT	TYPE	SEMESTER
CSC 501	Introduction to Computing	2	Compulsory	1st
CLI 530	Pharmacology for Physiotherapy	2	Compulsory	1st
CLI 520	Human Basic Anatomy	3	Compulsory	1st
PTH 525	Tissue Biology & Pathology	2	Compulsory	1st
PTH 535	Current Physical Therapy Practice	3	Compulsory	1st
PTH 502	Pathokinesiology in Medical Rehabilitation	3	Compulsory	1st
PTH 519	Clinical Work I	3	Compulsory	1st
Total Credit Units for 1st Semester = 18 Units				

SECOND SEMESTER

COURSE NO.	COURSE TITLE	CREDIT UNIT	TYPE	SEMESTER
PTH 515	Neuroscience	2	Compulsory	2 nd
PTH 514	Patient Management Neuromuscular System Evaluation/Management	3	Compulsory	2 nd
PTH 511	Clinical Work II	3	Compulsory	2 nd
PTH 518	Diagnostic Imaging	2	Compulsory	2 nd
PTH 535	Evidence-based Practice	3	Compulsory	2 nd
PTH 540	Business Management and Administration	2	Compulsory	2 nd
Total Credit Units for 2nd Semester = 15 Units				

THIRD SEMESTER

COURSE NO.	COURSE TITLE	CREDIT UNIT	TYPE	SEMESTER
PTH 610	Manual Therapy	2	Compulsory	3 rd
PTH 607	Clinical Work III	3	Compulsory	3 rd
PTH 602	Patient Management Neuromuscular System Evaluation/Management For Paediatrics	3	Compulsory	3 rd
PTH 612	Cardiopulmonary for Physical Therapy	3	Compulsory	3 rd
PTH 613	Clinical Outcome Measures	2	Compulsory	3 rd
PTH 620	Health Promotion and Wellness	2	Compulsory	3 rd
PTH 625	Instrumented Movement Analysis	2	Compulsory	3 rd
Total Credit Units for 3rd Semester = 17 Units				

FOURTH SEMESTER

COURSE NO.	COURSE TITLE	CREDIT UNIT	TYPE	SEMESTER
PTH 630	Patient Management Neuromuscular System Evaluation/Management	3	Compulsory	4 th
PTH 635	Teaching and Learning Strategy	2	Compulsory	4 th
PTH 606	Clinical Work in PT IV	3	Compulsory	4 th
PTH 611	Communication Skills & Ethics	2	Compulsory	4 th
PTH 640	Alternative and Complementary Therapies	2	Compulsory	4 th
PTH 607	Community Physiotherapy	2	Compulsory	4 th
PTH 605	Special Topics Seminar in Rehabilitation	3	Compulsory	4 th
Total Credit Units for 4th Semester = 17 Units				

VII Award of Doctorate of Physical Therapy Degree

The degree shall be awarded provided a candidate obtains not less than 30 credit units and complies with the extant Core Standards of Proficiency for Registrants of Medical Rehabilitation Therapists (Reg.) Board of Nigeria/Professional Code of Ethics/Practice.

VII Certificate obtainable

At the successful completion of the programme, the candidate shall be awarded Doctor of Physiotherapy (DPT).

XI. Status of the Certificate

The certificate is a first-degree certificate and can be used to gain entry into any relevant post-graduate study in Nigeria and abroad.