**(FORM D)**

**ACCREDITATION GUIDELINES AND CONDITIONALITIES FOR THE PRACTICE OF MEDICAL REHABILITATION PROFESSIONS IN REHABILITATION HOMES AND NON-GOVERNMENTAL ORGANISATIONS IN NIGERIA.**

**GUIDELINES**

All Rehabilitation homes and non-governmental organizations offering services in Medical Rehabilitation Therapy professions, namely; Physiotherapy, Occupational Therapy, Speech Therapy, Audiology, prosthetics and Orthotics, Chiropractic and Osteopathic Medicine shall be accredited/re-accredited individually for Board’s recognition, and safe practice.

**Values**

1. Proper verification of license status of Medical Rehabilitation Professionals practicing within the institution.
2. Proper identification of Medical Rehabilitation professionals in the relevant ***areas*** of ***specialization*** reflecting the category of clients being attended to, or resident in the Institution.
3. Total evaluation/assessment of ***concepts*** applied for treatment procedures and training;
4. Appraisal of the various ***modalities*** involved in the day-to-day client handling;
5. Standardization of ***tools/equipment*** utilized in treatment procedures;
6. Proper maintenance of available ***infrastructural facilities;*** and
7. Availability of ***Manpower/Human Resource*** profiles.

**RELEVANT MEDICAL REHABILITATION PROFESSIONALS**

|  |  |  |  |
| --- | --- | --- | --- |
| **S/N** | **TYPE OF INSTITUTION** | **POSSIBLE CONDITIONS ENCOUNTERED** | **PROFESSIONALS**  **REQUIRED** |
| 1 | Geriatric/Aged care centres | Musculoskeletal (degenerative) conditions, neurologic conditions, communication impairments, pain, functional and mobility limitations. e.g: stroke, diabetes, fracture, Parkinson’s diseases, Cardiopulmonary complications, osteoporosis, osteoarthritis, guillain barre syndrome, cancer etc. | * Physiotherapists * Occupational therapists * Prosthetists * Orthotists * Chiropractors * Osteopaths * Audiologists * Speech therapists |
| 2 | Disability advocacy and care centres | Musculoskeletal (degenerative) conditions, neurologic conditions, communication impairments, pain, functional and mobility limitations. e.g: Hearing and speech disorder, cerebral palsy, polio, autism, Congenital deformities, Delayed developmental milestones, autoimmune diseases, etc. | * Physiotherapists * Occupational therapists * Prosthetists * Orthotists * Speech therapists * Audiologists |
| 3 | Children’s Disability Centres | Musculoskeletal conditions, neurologic conditions, communication impairments, Hearing impairments, functional and mobility limitations. e.g: cerebral palsy, delayed developmental milestone, infantile hemiplegia, hydrocephalus, microcephalus, osteomyelitis, poliomyelitis, erb’s palsy, paraplegia, epilepsy syndrome, stroke in the children etc. | * Physiotherapists * Occupational therapists * Prosthetists * Orthotists * Audiologists * Speech therapists * Special education teachers |
| 4 | Neurology centres/ care | Neurologic conditions, communication impairments, spinal cord injuries, meningitis, pain, functional, Alzeimer’s diseases, stroke, myasthenia gravis, parkinson’s diseases, neuropathy, muscle weakness, backpain and mobility limitations etc. | * Physiotherapists * Occupational therapists * Prosthetists and Orthotists |
| 5 | Centers for communication disorders | Speech and hearing impairments, communication (speech and language) disorder, intellectual disability etc. | * Speech therapists * Audiologists |

**Minimum permissible Standards**

|  |  |  |  |
| --- | --- | --- | --- |
| **S/N** | **Category of NGOs/Rehab Homes** | **Expected Nos. of Medical Rehabilitation Professionals** | **Headship arrangements** |
| 1 | NGOs in the care of 500 wards and above | PTs – 40  OTs – 30  Speech – 20  Audiology – 20  P&O – 20 | A Professional within the Principal cadre with not less than 8 years working experience or equivalent 10 years clinical experience. |
| 2 | NGOs in the care of 400-500 wards. | PTs – 30  OTs – 20  Speech – 15  Audiology – 15  P&O – 15 | “ |
| 3 | NGOs in the care of 200-400 wards. | PTs – 30  OTs – 20  Speech – 15  Audiology – 15  P&O – 15 | “ |
| 4 | NGOs in the care of100-200 wards. | PTs – 20  OTs – 15  Speech – 10  Audiology – 10  P&O – 10 | “ |
| 5 | NGOs in the care of 50-100 wards. | PTs – 10  OTs – 8  Speech – 5  Audiology – 5  P&O – 5 | “ |
| 6 | NGOs in the care of less than 50 wards. | PTs – 8  OTs – 5  Speech – 5  Audiology – 5  P&O – 5 | “ |

**Physical Facilities**

* A purpose built building with a conspicuous sign post in a clean and tidy environment
* A wheel chair compliant entrance
* Adequate water supply and electricity
* Clean and tidy environment
* Gymnasium (where applicable)
* Activities of daily living room (where applicable)
* Practical demonstration room
* Learning rooms
* Recreation room
* Adequate offices
* Adequate conveniences
* Conference room
* An E- library with current journals and textbooks

**EXPECTED NUMBER OF EQUIPMENT WITH REQUIRED QUANTITY**

1. **INFECTION CONTROL**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Face masks | packs |
|  | Disposable gloves | Packs |
|  | Antiseptic solution | packs |
|  | Washing machine |  |
|  | Hand Sanitizers | packs |

1. **SAFETY MEASURES**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
|  | Alarm |  |
|  | Fire Extinguisher |  |
|  | Blanket |  |
|  | Intercom |  |
|  | Fire assembly point |  |

1. **EVALUATION EQUIPMENT**

|  |  |  |
| --- | --- | --- |
| **S/NO** | **NAME OF EQUIPMENT** | **TOTAL NUMBER REQUIRED** |
| 1. | Steadiness tester hole type | 3 |
| 2. | Pencil maze test board | 3 |
| 3. | Tremor quantifier | 3 |
| 4. | Hand dynamometer | 3 |
| 5. | Strength evaluation system | 3 |
| 6. | Goniometer | 5 |
| 7. | Finger dexterity test board | 3 |
| 8. | Key hole test board | 3 |
| 9. | Counting and colour sorting beads set | 3 |

**OCCUPATIONAL THERAPY**

**\* Treatment Furniture**

Standing Frames

Mat Platforms

Treatment Tables

Tilt Tables

Stools, Carts, Screens & Mirrors

Parallel Bars, Stairs

Work Hardening

Trays & Accessories

Ramps, Gloves & Scales

Convalescent Recliners

**\* Paediatrics**

Paediatric Sitting Tables

Seating & Mobility

Toileting & bathing

Positioning

Standers & Gait Trainers

Walkers & Mobility aids

**\* Activities of Daily Living**

Reachers

Dressing Aids

Home Accessories & Helpers

Mobility Aids & Leisure Activities

Scissors, Book Holder & Writing Aids

Door latch frame set

kitchen frame set

Dressing frame set

Eating aids with utensils

**\*Simulated room for personal hygiene training in:**

Bathing, toileting, & grooming

**\*kitchen room: simulated room for kitchen activities**

Plates & Bowls

Cups & Drinking Aids

Utensils, gas cookers

Self Feeders & Arm Supports

Overbed Tables, Dycem Products &

Dining Accessories

**\* Sensory Motor/Perceptual Motor equipment**

Tactile & Visual Stimulators, feathers, peg boards etc

Target game

Basic balance beam

Balances, Dart board & Balls pool

Puzzles

Multi activities work station

Mushroom boards

Pegs and shapes

Pinch tree board

Size perception square board set

Geometric shape form board set

Foot placement ladder

Equilibrium board

Trampoline

**\* Exercise Equipment**

Sanding unit for reciprocal semi-circular, vertical, overhead exercises

Sand and water table

Multi-purpose wheel

Flexion.extension.pronation.supination Apparatus

Inclined tapered balance beam

Slanted walking board

Strength Training Equipment, sand bags etc.

Prone crawling board

Vestibular board

Vestibular swing system

Exercise Mats & Positioning Bolsters

Exercise Bands, Balls & Weights

Balance boards

Putty, Hand & Upper Extremity devices.

Pulleys, Wall System & Bungie Cords

Rebounders

**Signed:**

**DR. (MRS.) AKANLE, OLUFUNKE T.**

**REGISTRAR/CEO (MRTB)**